

CB-BK WE1 2026: Session: 4: COACH evaluation sheet for TEAM: AQUABLA

Coachinfo: Warming up from: 12:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Thiry Coralie

Coaches: Massart Sébastien

Coaches: De Smet Grégory HEADCOACH

Coaches: Vansaen Thomas

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 200M MEDLEY MEN 13-14 Heat:15, starttime: 15:15

Heat: 15/17 Lane : 4 Athlete: DETOMBE GASPARD Q-time: 02:31:28

|                        |         |                                    |         |         |  |
|------------------------|---------|------------------------------------|---------|---------|--|
| PB (50m pool): no time |         | PB (25m pool): no time SB: no time |         |         |  |
|                        | 5 0 M   | 1 0 0 M                            | 1 5 0 M | 2 0 0 M |  |
| PB                     | no time | no time                            | no time | no time |  |
|                        | no time |                                    |         |         |  |
|                        | .       | .                                  | .       | .       |  |

Coach feedback:

Event number: 25: 200M BUTTERFLY WOMEN 13-14 Heat:2, starttime: 15:28

Heat: 2/2 Lane : 4 Athlete: MANISE NAËLLE Q-time: 02:32:15

|                        |         |                                    |         |         |  |
|------------------------|---------|------------------------------------|---------|---------|--|
| PB (50m pool): no time |         | PB (25m pool): no time SB: no time |         |         |  |
|                        | 5 0 M   | 1 0 0 M                            | 1 5 0 M | 2 0 0 M |  |
| PB                     | no time | no time                            | no time | no time |  |
|                        | no time |                                    |         |         |  |
|                        | .       | .                                  | .       | .       |  |

Coach feedback:

Event number: 26: 100M FREESTYLE MEN 11-12 Heat:5, starttime: 15:39

Heat: 5/14 Lane : 6 Athlete: CHRISTIAENS THÉO Q-time: 01:13:92

|                        |         |                                    |  |  |  |
|------------------------|---------|------------------------------------|--|--|--|
| PB (50m pool): no time |         | PB (25m pool): no time SB: no time |  |  |  |
|                        | 5 0 M   | 1 0 0 M                            |  |  |  |
| PB                     | no time | no time                            |  |  |  |
|                        | no time |                                    |  |  |  |
|                        | .       | .                                  |  |  |  |

Coach feedback:

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| Event number: 26: 100M FREESTYLE MEN 11-12         |           |  |           |  |  |  |  |  |  | Heat:7, starttime: 15:42              |  |
|----------------------------------------------------|-----------|--|-----------|--|--|--|--|--|--|---------------------------------------|--|
| Heat: 7/14    Lane : 2    Athlete: LECLERCQ VICTOR |           |  |           |  |  |  |  |  |  | Q-time: 01:12:78                      |  |
| PB (50m pool): no time                             |           |  |           |  |  |  |  |  |  | PB (25m pool): no time    SB: no time |  |
|                                                    | 5 0 M     |  | 1 0 0 M   |  |  |  |  |  |  |                                       |  |
| PB                                                 | no time   |  | no time   |  |  |  |  |  |  |                                       |  |
|                                                    | no time   |  |           |  |  |  |  |  |  |                                       |  |
|                                                    | . . . . . |  | . . . . . |  |  |  |  |  |  |                                       |  |

Coach feedback:

| Event number: 26: 100M FREESTYLE MEN 11-12   |           |  |           |  |                                    |  |  |  |  | Heat:11, starttime: 15:49 |  |
|----------------------------------------------|-----------|--|-----------|--|------------------------------------|--|--|--|--|---------------------------|--|
| Heat: 11/14 Lane : 7 Athlete: SNEESSENS LÉON |           |  |           |  |                                    |  |  |  |  | Q-time: 01:08:94          |  |
| PB (50m pool): no time                       |           |  |           |  | PB (25m pool): no time SB: no time |  |  |  |  |                           |  |
|                                              | 5 0 M     |  | 1 0 0 M   |  |                                    |  |  |  |  |                           |  |
| PB                                           | no time   |  | no time   |  |                                    |  |  |  |  |                           |  |
|                                              | no time   |  |           |  |                                    |  |  |  |  |                           |  |
|                                              | . . . . . |  | . . . . . |  |                                    |  |  |  |  |                           |  |

Coach feedback:

| Event number: 26: 100M FREESTYLE MEN 11-12    |           |  |           |  |                                    |  |  |  |  | Heat:13, starttime: 15:52 |  |
|-----------------------------------------------|-----------|--|-----------|--|------------------------------------|--|--|--|--|---------------------------|--|
| Heat: 13/14 Lane : 7 Athlete: TANNOURY JOSEPH |           |  |           |  |                                    |  |  |  |  | Q-time: 01:06:93          |  |
| PB (50m pool): no time                        |           |  |           |  | PB (25m pool): no time SB: no time |  |  |  |  |                           |  |
|                                               | 5 0 M     |  | 1 0 0 M   |  |                                    |  |  |  |  |                           |  |
| PB                                            | no time   |  | no time   |  |                                    |  |  |  |  |                           |  |
|                                               | no time   |  |           |  |                                    |  |  |  |  |                           |  |
|                                               | . . . . . |  | . . . . . |  |                                    |  |  |  |  |                           |  |

Coach feedback:

| Event number: 27: 400M FREESTYLE WOMEN 11-12    |         |         |                        |         |         | Heat:4, starttime: 16:15 |         |         |
|-------------------------------------------------|---------|---------|------------------------|---------|---------|--------------------------|---------|---------|
| Heat: 4/15 Lane : 1 Athlete: AKBUGA STOMMEN EVA |         |         |                        |         |         | Q-time: 05:48:70         |         |         |
| PB (50m pool): no time                          |         |         | PB (25m pool): no time |         |         | SB: no time              |         |         |
|                                                 | 5 0 M   | 1 0 0 M | 1 5 0 M                | 2 0 0 M | 2 5 0 M | 3 0 0 M                  | 3 5 0 M | 4 0 0 M |
| PB                                              | no time | no time | no time                | no time | no time | no time                  | no time | no time |
|                                                 | no time |         |                        |         |         |                          |         |         |
|                                                 | .....   | .....   | .....                  | .....   | .....   | .....                    | .....   | .....   |

Coach feedback:

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| Event number: 27: 400M FREESTYLE WOMEN 11-12     |                |           |                        |           |           |             | Heat:6, starttime: 16:28 |           |
|--------------------------------------------------|----------------|-----------|------------------------|-----------|-----------|-------------|--------------------------|-----------|
| Heat: 6/15    Lane : 7    Athlete: FONCIER POPPY |                |           |                        |           |           |             | Q-time: 05:41:91         |           |
| PB (50m pool): no time                           |                |           | PB (25m pool): no time |           |           | SB: no time |                          |           |
|                                                  | 5 0 M          | 1 0 0 M   | 1 5 0 M                | 2 0 0 M   | 2 5 0 M   | 3 0 0 M     | 3 5 0 M                  | 4 0 0 M   |
| PB                                               | no time        | no time   | no time                | no time   | no time   | no time     | no time                  | no time   |
|                                                  | <i>no time</i> |           |                        |           |           |             |                          |           |
|                                                  | . . . . .      | . . . . . | . . . . .              | . . . . . | . . . . . | . . . . .   | . . . . .                | . . . . . |

Coach feedback:

| Event number: 27: 400M FREESTYLE WOMEN 11-12      |                |           |                        |           |           |             | Heat:10, starttime: 16:52 |           |
|---------------------------------------------------|----------------|-----------|------------------------|-----------|-----------|-------------|---------------------------|-----------|
| Heat: 10/15    Lane : 6    Athlete: BOUCART NYSSA |                |           |                        |           |           |             | Q-time: 05:24:94          |           |
| PB (50m pool): no time                            |                |           | PB (25m pool): no time |           |           | SB: no time |                           |           |
|                                                   | 5 0 M          | 1 0 0 M   | 1 5 0 M                | 2 0 0 M   | 2 5 0 M   | 3 0 0 M     | 3 5 0 M                   | 4 0 0 M   |
| PB                                                | no time        | no time   | no time                | no time   | no time   | no time     | no time                   | no time   |
|                                                   | <i>no time</i> |           |                        |           |           |             |                           |           |
|                                                   | . . . . .      | . . . . . | . . . . .              | . . . . . | . . . . . | . . . . .   | . . . . .                 | . . . . . |

Coach feedback:

| Event number: 27: 400M FREESTYLE WOMEN 11-12       |                |           |                        |           |           |             | Heat:12, starttime: 17:04 |           |
|----------------------------------------------------|----------------|-----------|------------------------|-----------|-----------|-------------|---------------------------|-----------|
| Heat: 12/15    Lane : 5    Athlete: DE WITTE ELISE |                |           |                        |           |           |             | Q-time: 05:19:45          |           |
| PB (50m pool): no time                             |                |           | PB (25m pool): no time |           |           | SB: no time |                           |           |
|                                                    | 5 0 M          | 1 0 0 M   | 1 5 0 M                | 2 0 0 M   | 2 5 0 M   | 3 0 0 M     | 3 5 0 M                   | 4 0 0 M   |
| PB                                                 | no time        | no time   | no time                | no time   | no time   | no time     | no time                   | no time   |
|                                                    | <i>no time</i> |           |                        |           |           |             |                           |           |
|                                                    | . . . . .      | . . . . . | . . . . .              | . . . . . | . . . . . | . . . . .   | . . . . .                 | . . . . . |

Coach feedback:

| Event number: 27: 400M FREESTYLE WOMEN 11-12    |                |           |                        |           |           |             | Heat:15, starttime: 17:21 |           |
|-------------------------------------------------|----------------|-----------|------------------------|-----------|-----------|-------------|---------------------------|-----------|
| Heat: 15/15    Lane : 6    Athlete: COCO AMALIA |                |           |                        |           |           |             | Q-time: 05:01:78          |           |
| PB (50m pool): no time                          |                |           | PB (25m pool): no time |           |           | SB: no time |                           |           |
|                                                 | 5 0 M          | 1 0 0 M   | 1 5 0 M                | 2 0 0 M   | 2 5 0 M   | 3 0 0 M     | 3 5 0 M                   | 4 0 0 M   |
| PB                                              | no time        | no time   | no time                | no time   | no time   | no time     | no time                   | no time   |
|                                                 | <i>no time</i> |           |                        |           |           |             |                           |           |
|                                                 | . . . . .      | . . . . . | . . . . .              | . . . . . | . . . . . | . . . . .   | . . . . .                 | . . . . . |

Coach feedback:

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|                                            |           |           |                |           |           |           |                          |           |
|--------------------------------------------|-----------|-----------|----------------|-----------|-----------|-----------|--------------------------|-----------|
| Event number: 29: 4x100M MEDLEY MEN 11-12  |           |           |                |           |           |           | Heat:2, starttime: 18:07 |           |
| Heat: 2/2 Lane : 5 Athlete: TEAM AQUABLA 4 |           |           |                |           |           |           | Q-time: 05:16:71         |           |
| PB (50m pool):                             |           |           | PB (25m pool): |           |           | SB:       |                          |           |
|                                            | 5 0 M     | 1 0 0 M   | 1 5 0 M        | 2 0 0 M   | 2 5 0 M   | 3 0 0 M   | 3 5 0 M                  | 4 0 0 M   |
| PB                                         |           |           |                |           |           |           |                          |           |
|                                            |           |           |                |           |           |           |                          |           |
|                                            | . . . . . | . . . . . | . . . . .      | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

|                                                |           |           |                |           |           |           |                          |           |
|------------------------------------------------|-----------|-----------|----------------|-----------|-----------|-----------|--------------------------|-----------|
| Event number: 30: 4x100M FREESTYLE WOMEN 11-12 |           |           |                |           |           |           | Heat:3, starttime: 18:25 |           |
| Heat: 3/3 Lane : 1 Athlete: TEAM AQUABLA 5     |           |           |                |           |           |           | Q-time: 04:47:81         |           |
| PB (50m pool):                                 |           |           | PB (25m pool): |           |           | SB:       |                          |           |
|                                                | 5 0 M     | 1 0 0 M   | 1 5 0 M        | 2 0 0 M   | 2 5 0 M   | 3 0 0 M   | 3 5 0 M                  | 4 0 0 M   |
| PB                                             |           |           |                |           |           |           |                          |           |
|                                                |           |           |                |           |           |           |                          |           |
|                                                | . . . . . | . . . . . | . . . . .      | . . . . . | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback: